



## MOUTH SPRAYS

*Trio +1 packs R530*  
(includes 3 remedies plus 1 free)

### *Baby trio*

Teething troubles formula,  
Vaccination support formula,  
Colic & reflux formula **FREE** Sweet  
dreams & calming formula

### *Change of season trio*

Sinusitis, rhinitis & post nasal drip  
formula, Allergies & hayfever  
formula, Cold, flu & viral infection  
formula, **FREE** Aconitum

### *Detox trio*

pH / hydration / mineral balance  
formula, Colon cleanse formula,  
Liver & gallbladder disorders  
formula, **FREE** Gut flora repair /  
probiotic formula

### *Diabetes trio*

Blood sugar regulation formula,  
Metabolism boost formula,  
Burning feet formula  
**FREE** Stress, exhaustion & burnout  
formula

### *Holiday (travel) trio*

3 essential remedies for travel and  
holiday time:  
Colds, flu & viral infection formula,  
Dizziness & motion sickness  
formula, Injury rescue formula  
**FREE** Rescue formula

### *Menopause trio*

Menopausal symptoms formula,  
Hot flushes & night sweats formula,  
Memory, concentration & mental  
clarity formula; **FREE** Sleep easy  
formula

### *Party animal trio*

Hangover & detox formula  
Reflux, heartburn & indigestion  
formula, Headache & migraine  
formula **FREE** Vitality & enthusiasm  
(libido) formula

### *Postpartum trio*

Breastfeeding support formula,  
Birth recovery formula,  
Stress, exhaustion & burnout  
formula, **FREE** Rescue formula

### *Pregnancy trio*

Scar tissue, keloids & stretchmarks  
formula, Reflux, heartburn &  
indigestion formula,  
Lower back pain, sciatica, stiffness  
formula **FREE** Sleep easy formula

### *Seniors trio*

Joint pain & stiffness formula  
Cold, flu & viral infection formula,  
Memory, concentration & mental  
clarity formula, **FREE** Bone density  
formula

### *Sports trio*

Sports sprains & strains formula,  
Sports injury & recovery formula,  
Sports fatigue & lactic acid build-up  
formula, **FREE** Sports mind & body  
preparation formula

### *Stress trio*

Grief, shock & trauma formula,  
Stress, exhaustion & burnout  
formula, Sleep easy formula **FREE**  
Neck & shoulder tension formula

### *Weight loss trio*

Thyroid regulation formula, Blood  
sugar regulation formula,  
Metabolism boost formula, **FREE**  
Detox formula

### *Winter trio*

Cold, flu & viral infection formula  
Tonsillitis and sore throat formula  
Earache, inflammation & infection  
formula, **FREE** Cough formula - wet,  
phlegmy

### *Women's trio*

Hormonal balance formula  
(women), Stress, exhaustion &  
burnout formula, Peace & serenity  
formula, **FREE**: Sepia

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## *Combination remedies range R180*

Abdominal cramps & spasms formula  
Abscess, boils & sepsis formula  
Acidity formula  
Acne, pimples & spots formula  
ADD formula  
ADHD formula  
Adrenal calming & support formula  
Allergies & hayfever formula  
Anger, rage & irritability formula  
Anger, rage & irritability formula (**high potency R195**)  
Antibacterial formula  
Anxiety, worry & fears formula  
Anxiety, worry & fears formula (**high potency R195**)  
Asthma & wheezy cough formula  
Bipolar disorder formula  
Birth recovery formula  
Bites, stings, puncture wounds formula  
Bladder & urinary disorders formula  
Bleeding disorders, nosebleed & bruising formula  
Blood pressure regulation formula  
Blood sugar regulation formula  
Bone density formula  
Bone pain, fracture & injury formula  
Breastfeeding support formula  
Breathing difficulties formula  
Burning feet formula  
Calm, joy & golden light formula  
Candida, thrush & fungal infection formula  
Carpal tunnel syndrome formula  
Cataract formula  
Chemotherapy support formula  
Chicken pox formula  
Chilblain formula  
Clenching jaws & grinding teeth formula  
Cold hands & feet formula  
Cold, flu & viral infection formula  
Colic & reflux formula  
Colon cleanse formula  
Concentration formula

Confidence, self-esteem boost formula  
Constipation formula  
Cough formula, dry cough  
Cough formula – touch, sticky, difficult  
Cough formula, wet phlegmy cough  
Cramps & spasms formula  
Creativity & inspiration formula  
Croup & hoarseness formula  
Cystitis & UTI formula  
Dental & gum disorders formula  
Depression formula  
Depression formula (**high potency R195**)  
Detox formula  
Diarrhoea formula  
Digestion disorders & IBS formula  
Dizziness & motion sickness formula  
Dry eyes formula  
Dry mouth formula  
Dry skin disorders formula  
Earache, inflammation & infection formula  
Edema/swelling formula  
Electro-pollution antidote formula  
Endometriosis formula  
Exam stress & performance anxiety formula  
Eye infection & conjunctivitis formula  
Fertility boost formula (men)  
Fertility boost formula (women)  
Fever & inflammation formula  
Fever blister, cold sore & mouth ulcer formula  
Fibroids formula  
Foot & heel pain/plantar fasciitis formula  
Glandular pain, inflammation & disorders formula  
Gout formula  
Grief, shock & trauma formula  
Grief, shock & trauma formula (**high potency R195**)  
Growing pains formula  
Gums, receding formula

Gut flora repair / probiotic formula  
Haemorrhoids formula  
Hair loss, balding & early greying formula  
Hand, foot & mouth formula  
Hangover & detox formula  
Headache & migraine formula  
Heavy metals detox formula  
HIV Support formula  
Hives / urticaria formula  
Hormonal balance formula (women)  
Hot flushes & night sweats formula  
Immunity support formula  
Impetigo formula  
Injury rescue formula  
Joint pain & stiffness formula  
Joy & abundance formula  
Kidney disorders formula  
Knee pain & stiffness formula  
Lipoma formula  
Liver & gallbladder disorders formula  
Lower back pain, sciatica & stiffness formula  
Malaria prevention formula  
Male performance formula (previously called Erectile dysfunction formula)  
Measles formula  
Memory, concentration & mental clarity formula  
Menopausal symptoms formula  
Menstrual disorders formula  
Metabolism boost formula  
Mumps formula  
Muscle tone & support formula  
Muscular aches, pains & stiffness formula  
Nail disorders formula  
Nappy rash formula  
Nausea & vomiting formula  
Neck & shoulder tension formula

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## *Combination remedies range (continued) R180*

Numbness, tingling and neuralgia formula  
 Obsessive-compulsive disorder formula  
 Pain & inflammation formula  
 Panic disorders formula  
 Panic disorders formula (**high potency R195**)  
 Peace & serenity formula  
 Perspiration excess formula  
 pH / hydration/ mineral balance formula  
 PMS formula  
 Polycystic ovarian syndrome (PCOS) formula  
 Post-op/surgery support formula  
 Pre & post vaccination formula  
 Prostate & urinary disorders formula  
 Quit alcohol support formula  
 Quit smoking support formula  
 Radiation therapy support formula  
 Reflux, heartburn & indigestion formula  
 Rescue formula

Restless legs formula  
 Ringworm formula  
 Seasonal Affective Disorder (SAD) formula  
 Scar tissue, keloids and stretchmarks formula  
 Sebaceous cyst formula  
 Separation anxiety formula  
 Shingles formula  
 Shoulder pain & stiffness formula  
 Sinusitis, rhinitis & post nasal drip formula  
 Skin disorders, eczema & psoriasis formula  
 Skin rash formula  
 Sleep easy formula  
 Snoring formula  
 Sprains & strains formula  
 Stomach & duodenal ulcer formula  
 Stress, exhaustion & burnout formula  
 Stuttering formula  
 Styte formula

Sunstroke & sunburn formula  
 Sweet dreams & calming formula  
 Teething troubles formula  
 Thyroid regulation formula  
 Tinnitus formula  
 Tonsillitis & sore throat formula  
 Toothache & abscess formula  
 Travellers' disorders formula  
 Tremors & trembling formula  
 Varicose & spider veins formula  
 Venous congestion & ulceration formula  
 Vitality & enthusiasm formula (libido)  
 Voice loss formula  
 Warts, moles & molluscums formula  
 Water retention/oedema formula  
 Weeping wounds & sores formula  
 Weight loss support formula  
 Worms & parasites formula



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## *Single remedies range R150*

*All 200c unless stated otherwise*

Abies Nigrum

Aconitum

Aesculus

Agnus Castus

Allium Cepa

Aloe Soc

Ant Tart

Apis Mel

Arg Nit

Arnica

Arsenicum Alb

Aurum

Baptisia

Baryta Carb

Belladonna

Bellis Perennis

Benzoicum Acidum

Berberis Aqu

Berberis Vulg

Borax

Bovista

Bryonia

Calc Carb

Calc Fluor

Calc Phos

Calc Sulph

Calendula

Cantharis

Carbo Veg

Caulophyllum

Causticum

Chamomilla

Cimicifuga

Cina

Cocculus

Coffea

Collinsonia

Colloidal silver

Colocynthis

Cuprum

Drosera

Dulcamara

Echinacea

Eupatorium Perf.

Euphrasia

Ferrum Phos

Fluoric acid

Gelsemium

Glonoinum

Graphites

H.C.G.

Hamamelis

Hepar Sulph

Hypericum

Ignatia

Influenzinum

Ipecac

Kali Bich

Kali Brom

Kali Mur

Kali Phos

Kali Sulph

Lachesis

Ledum

Lycopodium

Mag Phos

Mag Sulph

Medorrhinum

Merc Dulcis

Merc Sol

Muriaticum Acidum

Nat Carb

Nat Mur

Nat Phos

Nat Sulph

Nux vom

Oscillococcinum

Passiflora

Petroleum

Phosphorus

Phytolacca

Psorinum

Pulsatilla

Ranunculus

Rhus Tox

Ruta Grav

Sabadilla

Sepia

Silica

Spongia

Staphysagria

Sulphur

Symphytum

Thlaspi Bursa

Thuja

Thuja 1M – once a day only

Urtica Urens

Zincum Met.

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### *Sports range R180*

Sports anxiety & tension formula  
Sports fatigue & lactic acid build-up formula  
Sports injury & recovery formula  
Sports mind & body preparation formula  
Sports sprains & strains formula

### *Pet range R180*

Pet - Allergy & skin disorders  
Pet - Boils & abscesses formula  
Pet - Dental troubles formula  
Pet - Earache, inflammation & infection formula  
Pet - Gas & digestion formula  
Pet - Grief & pining formula  
Pet - Rescue & calm formula  
Pet - Separation anxiety formula  
Pet - Stiffness & joint pain formula  
Pet - Wounds & sores formula

### *Allergy range R180*

Cat hair intolerance formula  
Dairy intolerance formula  
Dog hair intolerance formula  
Gluten intolerance formula  
Grasses intolerance formula  
Lactose intolerance formula  
Pollen mix intolerance formula  
Wheat intolerance formula  
Whole egg intolerance formula

### *Biochemic Tissue Salts R150*

Each contains an ascending potency combination of  
**6c, 12c, 30c & 200c**

- 1 Calc fluor
- 2 Calc phos
- 3 Calc Sulph
- 4 Ferrum phos
- 5 Kali Mur
- 6 Kali phos
- 7 Kali sulph
- 8 Mag phos
- 9 Nat mur
- 10 Nat phos
- 11 Nat sulph
- 12 Silica

1-11 Tissue salts mix formula (No Silicea) **R115**

1-12 Tissue salts mix formula **R115**

NB: This mix contains Silica (Silicea). Silica should not be taken by anyone with any form of dental implants, stents, breast implants or any foreign objects anywhere in the body)



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## *Bach Flower range R150*

Agrimony  
Aspen  
Beech  
Centaury  
Cerato  
Cherry Plum  
Chestnut Bud  
Chicory  
Clematis  
Crab apple  
Elm  
Gentian  
Gorse

Heather  
Holly  
Honeysuckle  
Hornbeam  
Impatiens  
Larch  
Mimulus  
Mustard  
Oak  
Olive  
Pine  
Red chestnut  
Rescue formula

Rock rose  
Rock water  
Scleranthus  
Star of Bethlehem  
Sweet chestnut  
Vervain  
Vine  
Walnut  
Water violet  
White chestnut  
Wild oat  
Wild rose  
Willow



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## OTHER PRODUCTS

### *Jellies range R90* (in-store only)

Rescue Jellies  
Cold, flu & viral infection Jellies  
Exam stress & performance anxiety Jellies

### *Books*

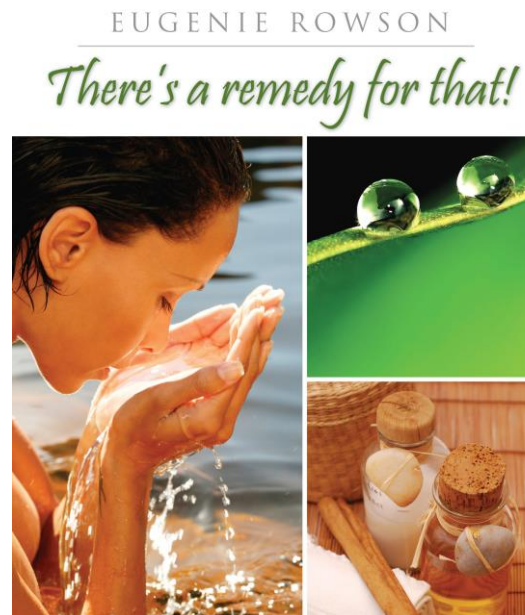
*There's a remedy for that!* by Eugenie Rowson **R210**

### *Nasal Spray range R180* (in-store only)

Sinusitis, rhinitis, post nasal drip formula  
Allergies & hayfever formula

### *Colour Range R150*

Indigo Blue (colour)  
Fuschina Magenta (colour)  
Green (colour)  
Orange (colour)  
Pink (colour)  
Red (colour)  
Turquoise (colour)  
Violet (colour)  
Yellow (colour)  
Full colour spectrum



A SIMPLE SELF-HELP GUIDE TO THE USE OF  
HOMOEOPATHIC MEDICINE FOR EVERYDAY AILMENTS

Anxiety • Backache • Boils • Burns • Colds & Flu • Constipation  
Cough • Croup • Depression • Digestion disorders • Exhaustion • Fears  
Growing pains • Headache • Menopausal symptoms • Nightmares • Nose bleed

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## ***SPECIAL OFFERS***

### *Herbicides & Pesticides food & drink spray R 225*

Therbicide, pesticide & fungicide antidote formula – spray directly onto your food and drink before consumption.



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